

"If your law had not been my delight, I would have perished in my affliction."

Psalm 119:92

Health Parameters Research

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Phone or Email Consultations

I generally do phone/email consultations for people that I have seen before in my office.

Because we have worked together, and many of your health concerns have resolved or are resolving, I'd like to offer you the convenience of a phone consult if you are comfortable with it.

These are not for emergencies (call 911) but rather to address a resurfacing chronic health concern without having to wait for an appointment. A phone/email consult can work much like a regularly scheduled appointment, but I may be able to get my recommendations to you the same day instead of waiting several months for an appointment. Another option, if you meet the requirements, is to come to [open clinic](#).

Phone Consult 'How-To's'

I need to have a signed form on hand indicating that you know I am not giving medical advice. Most of my clients have already filled out and signed that form and I have it on file so there is no need to do that again. If I haven't seen you for a long time and you are on new medications I'd like you to fill out the form again and fax it to me.

Print out both pages of the [Phone/Email Consult Form](#). Fill out the 1st page and top of the 2nd, remembering to sign it. Do not fill in the Nutritional Intervention part on the second page. Fax both pages to me at the number given on the form. My office manager or I will get back to you with my recommendations so please indicate the best time and number to reach you. Have your form handy to fill in the Nutritional Intervention part. Keeping these in your file is helpful if these problems recur and you need refills. I have been doing this informally for many years and for many people with serious issues, and it works amazingly well, so now I am extending this convenience to all my clients. It is important to read about [what you can expect from an herbal intervention](#).

Email Consults How-To's

Same procedure as Phone Consult How-To's except you can email me at any time at me at JustAnHerbDoc@patblocknd.com. I will still need to have a signed consult form and phone number on file. It is important to read about [what you can expect from an herbal intervention](#).

How to get the recommended herbs

You have many options to get the herbs you need, as indicated on the phone consult sheet.

Some herbs are only sold to practitioners so you won't be able to order. These you will need to pick up or I will mail them to you and you will receive a bill for them. Please be prepared to tell Brenda your preference on getting/paying for the herbs.

If you only want my advice the consult fee is \$30. If you are purchasing the herbs too the fee is \$15.

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